

For schools

Digital wellbeing and attention literacy sessions built on metacognition and self-regulation.

I come in and run a talk or workshop to set up The Attention Experiment. Then your pupils spend seven days trying out Scroll · Loop · Notice · Choose, and see what they notice and what they choose.

The Attention Experiment

One year group, class or whole school assembly runs the experiment for a week.

- ✓ In-person talk or workshop, 45 to 60 minutes
- ✓ Questionnaire, 7-day guide and end-of-week review
- ✓ Check-in by email or call afterwards

INTRODUCTORY RATE

£500

Whole community

Your pupils, plus their parents and carers and your staff.

- ✓ Everything in The Attention Experiment
- ✓ Staff session
- ✓ Parent and carer session, in person on the day or online

INTRODUCTORY RATE

£1,000

Paper first for pupils

Pupils get a questionnaire, 7-day guide and review as print-friendly PDFs for your school to print. Parents and teachers get an online web app. No data, no subscription.

Adults do it too

Everyone is up against the same design. When teachers and parents catch their own Scroll Loops out loud, young people see how it's done.

Add to any option

Another talk, workshop or session, same visit	£250
Staff or parent and carer session, online	£250
Staff CPD: train your team to run The Attention Experiment yourselves	from £750

In-person sessions for staff and for parents and carers take place on the same day as a school visit. At other times, they're online.

How to book

Email me with the option you'd like and a few dates that could work. Introductory rates apply to bookings confirmed by 31 March 2027, in exchange for a short case study of what happened.